









WEEK 3	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Crispy chicken wrap served with plain or peri rice and sweetcorn	Meat and potato pie with mashed potato and gravy	Sausage roll served with oven baked wedges	Chicken and bacon pasta served with a garlic slice	Hotdog roll served with oven baked chips and ketchup
<b>ACCOMPANIMENTS</b>	Seasonal vegetables Salad bar 	Seasonal vegetables Salad bar 	Seasonal vegetables Salad bar 	Seasonal vegetables Salad bar 	Seasonal vegetables Salad bar 
<b>DESSERT</b>	Eton mess	Mango and banana muffin	Iced sponge cake	Oaty apple crumble and custard	Fresh fruit bowls
<b>FRESH FRUIT OR YOGURT</b>	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



# MENU



Quench your thirst with free fresh drinking water available daily



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE