








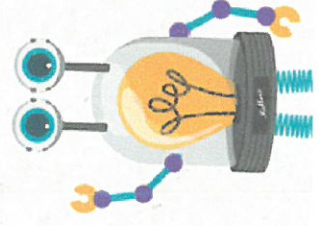




WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Vegetarian meatballs in a tomato sauce with pasta 	BBQ chicken with mixed rice 	Gammon with pineapple, roast potatoes and gravy	Pork sausage and wedges	Fish of the day with chips
MAIN DISH	Vegetarian shepherd's pie 	Quorn tikka curry with rice 	Halal beef cobbler and roast potatoes 	Quorn nuggets and wedges	Veggie burger on a bun with chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Marble sponge and custard 	Shortbread biscuits and mandarins 	Chocolate crunch	Fruit jelly	Fruit and ice cream 
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE