



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Sausage with Yorkshire pudding roast potatoes and gravy 5 A DAY	Chicken and tomato pasta bake 5 A DAY	Pepperoni pizza with oven baked wedges	Chicken tikka masala with brown rice	Fish of the day with chips
VEGETARIAN MAIN DISH	Vegetarian toad in the hole with roast potatoes and gravy	Cheese pie with mashed potatoes	Margarita pizza with oven baked wedges	Mac and cheese with garlic bread	beef burger in a bun with chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar 5 A DAY	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	chocolate brownie 5 A DAY	Mango and banana muffin	Rice pudding with fruit compote 5 A DAY	Oaty apple crumble and custard 5 A DAY	Lemon drizzle cake
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Quench your thirst with free fresh drinking water available daily



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE