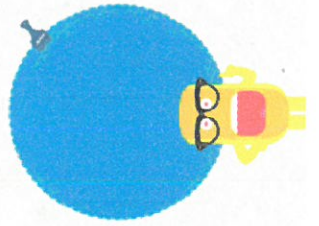




WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Meat pie with baked potato wedges and onion gravy	beef lasagne with garlic bread	Roast beef and Yorkshire pudding with mashed potato and gravy	chicken tikka curry with rice	Fish of the day with chips
MAIN DISH	Cheese pie with baked potato wedges	tuna pasta bake	Quorn roast with gravy and mashed potato	Vegetarian pasta bolognese	Veggie sausage with chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Chocolate and banana slice	Carrot and orange muffins	Strawberry whip	Fruit crumble and custard	Oat biscuit
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Variety is the key to a healthy diet. try something new today!

- MEAT FREE MONDAY
- 1 OF YOUR 5 A DAY
- CHEF'S CHOICE